

Richfield UMC Behavior Covenant

1. We covenant to practice respect—we don't interrupt, we listen and we don't diminish others. We disagree openly in a timely manner, ask clarifying questions, and seek to understand. We seek to maintain a non-anxious presence. We practice stability in the midst of anxiety, pray, breathe, practice reflective listening, and use "I hear you say..." comments.
2. We covenant to practice clear and direct communication.
3. We covenant to refuse to talk to a complainer until that person addresses the person he or she is complaining about.
4. We covenant to say what we mean and mean what we say. We will go directly to the person we have an issue with and will practice Matthew 18.